|  |
| --- |
| **September 2023** **Port Wentworth Neighborhood Center**  |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  |  |  |  |  **1****9:30** Word Puzzle**10** Noodle Hockey**10:45** Site Council**11** Trivia Challenge**12:30** Favorite Fall Traditions**1** Phase 10 |
|  **CENTER CLOSED 4** |  **5** **9:30** School Cafeterias**10** Walking and Weights**11** VR Fruit Ninja**12:30** School Days: Reminiscing**1** Rummikub |  **6****9:30** Teachers**10** Gym Circuits**10:30** Walk The Block**11** Dots and Boxes**12:30****1** Rummikub |  **7****9** A-maz-ing School Supplies**9:45** Chair Zumba**10:30** Bingo**12:30** FoodLabel Lingo**1** Phase 10 |  **8** **“Back to School”**  **9:30** Vocabulary**10** P.E.**10:30** School Pictures**11** English and Quiz**12:30** Language Arts**1** Social Studies |
|  **11****9** Synonym Search**9:45** Tai Chi**10:30** Bingo**12:30** Kenny Sellars- Medicare & Medicaid Q&A**1:30** Farkle Dice |  **12****9:30** Coffee and News**10** Walking and Weights**11** Guess Who?**12:30** What’s the 211?**1** Phase 10 |  **13****9:30** September Zodiac**10** Gym Circuits**11** Trivia Challenge**12:30** GA Legal Services**1:30** Rummikub |  **14****9** Word Puzzle**9:45** Chair Zumba**10:30** Bingo**12:30** Alzheimer’s Awareness**1** Rummikub**WEAR PURPLE FOR ALZHEIMER’S AWARENESS** |  **15****9:30** Joys of Granparenting**10** Dance**11** Fall Craft**12:30** Chapter 2- Trying something new as a senior **1** Phase 10 |
|  **18****9 BROWN BAGS****9:45** Tai Chi**10:30** Bingo**12:30** Decades of Fashion!**1** RummikubWear clothes to represent your favorite Decade of Fashion |  **19****9:30** Coffee with Friends**10** Walking and Weights**10:30** Hangman Challenge**11:30** Designer Logos**1** Air Hockey  |  **20****9:30** Fashion Words**10** Gym Circuits**10:30****11** Coloring Calm Art**12:30** Etiquette Then vs. Now**1** Phase 10 |  **21****9:45** Chair Zumba**10:30** Trivia**11:00** Lecture Series: Hemingway and Fitzgerald **12:30** GA Hospice Raffle with Debra**1** Rummikub |  **22****9:30** Word Puzzle**10** Noodle Hockey**011** VR Fruit Ninja**12:30** Thank You To Our Pt. Wentworth Leisure Service Team**1** Rummikub |
|  **25****9:45** Tai Chi**10:30** Bingo**12:30** Melissa Speaks- Health topics for Seniors**1** Phase 10 |  **26****9:30** Word Puzzle**10** Walk The Block**11** Guess Who??**12:30** Favorite Grandparent Memories**1** Rummikub |  **27****9:30** Coffee and News**10** Gym Circuits**11** Trivia Challenge**12:30** Benefit of B Vitamins**1** Rummikub |  **28****9:45** Chair Zumba**10:30** Bingo**12:30** Travel Club: Thailand **1:30** Taste of Thailand |  **29****9:30** Word Puzzle**10** Dance**10:30** Lunch anda Movie: Best of Me**12:30** Punch Board**\*****1** Phase 10 |
| **Kari Wahlquist, Director** Ed Young Senior Center103 Turnberry StreetPort Wentworth, Georgia 31326  (912) 968-5411Monday through Friday, 9 a.m. – 2 p.m.*\*Activities subject to change* **September Happenings** **9/4 Labor Day *\*Center closed!******9/8 “Back to School” Day******9/11 Kenny Sellers answers Medicare/Medicaid questions******9/14 Wear Purple for Alzheimer’s awareness******9/18 Choose your favorite decade and wear clothes to show it off!******9/21 Lecture Series with Roger Smith: “Hemingway and Fitzgerald”******9/21 Raffle with Debra from Georgia Hospice******9/22 Come show appreciation to our AWESOME Port Wentworth City Leisure Services Staff******9/25 Melissa Speaks: Health topics for Seniors******9/28 Travel Club: Thailand with Heather*****September Birthdays**6 Bill H.10 James C.22 Leo D.23 Bob R.28 Tina M.29 Rose C.**\*We are starting a new game!** **Punch Board****will be played at the end of the month. For many of the games played throughout the month, you will earn a ticket to go in the “draw bowl”. There will be a board with different prizes in it and on the day we do the Punch Board, if your name is drawn, you will get a chance to punch out a cup and get a prize!** “A child needs a grandparent, anybody’s grandparent, to grow a little more securely into an unfamiliar world.” — Charles and Ann Morse“Being a grandparent means you can be as silly you want to be.” – Unknown“Grandma always made you feel she had been waiting to see just you all day and now the day was complete.” – Marcy DeMaree“Young people need something stable to hang on to — a culture connection, a sense of their own past, a hope for their own future. Most of all, they need what grandparents can give them.” – Jay Kesler“You may not have grandchildren of your own or maybe you do, either way, you can always mentor a child.”  |